### Bancoora Surf Life Saving Club Inc.

# Membership Information Pack





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#### Welcome to Season 2023/24

On behalf of the Bancoora General Committee, we would like to welcome new members and existing members to season 2023/24.

We have prepared the following information to guide you through the things you need to do to join us for the season. We ask that you take the time to go through this booklet carefully.

#### 2023/24 Committee Members

President:	Lisa Happ	presidentbancoora@gmail.com	
Vice-President:	Andrew Cross	andrew@designableliving.com.au	
Treasurer:	Robert McKinley	robert3mckinley@gmail.com	
Secretary:	Louise Morris	bancooraslsc@outlook.com	
Club Captain:	Cara Edwards	cararose143@gmail.com	
Nippers Coordinator:	Garratt Plunkett	garrattplunkett@hotmail.com	
	Sarah Reynolds	slreynolds86@gmail.com	
Young Guns Coordinator:	Barry Hunt	barryhunt1@iinet.net.au	
Chief Instructor:	Callum Edwards	bancoora.training@gmail.com	
Gear Steward:	Gary Welsh	gmwelec@bigpond.com	
Fundraising Manager:	Hamish Edwards	Hamo 1689@hotmail.com	
Competition Manager	Leigh Reither	ctreither@bigpond.com	
General Committee Members:	Will Magher Steve Evans	willmagher@hotmail.com aussieevosteve@hotmail.com	

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#### Membership Prices – Season 2023/24

On the recommendation of the 2022/23 General Committee, the Annual General Meeting decided to make a small increase in membership dues for the 2023/24 season. The membership fees are as outlined below.

Membership Category	Fee
Senior Membership	\$110.00
Membership fees covers all LSV affiliation fees, access to Lifesaving training and qualifications, insurance, access to club and equipment, competition fees, required patrol uniforms.	
Associate Membership	\$50.00
Membership fee covers all LSV affiliation fees, insurances, access to club and all social, fundraising and volunteering events.	
Standard Family Membership	\$280.00
Patrolling families, 2 adults and 2 children/students not participating in Nippers/Young Guns	
Membership fees covers all LSV affiliation fees, access to Lifesaving training and qualifications, insurance, access to club and equipment, competition fees.	
Family plus 1 Nipper / Young Gun	\$330.00
Membership fees covers participation in 8-week program including all equipment & resources, all LSV affiliation fees, access to Lifesaving training and qualifications, insurance, access to club and equipment, competition fees	
Family plus 2 Nippers / Young Guns	\$360.00
Membership fees covers participation in 8-week program including all equipment & resources, all LSV affiliation fees, access to Lifesaving training and qualifications, insurance, access to club and equipment, competition fees	
Family plus 3 Nippers / Young Guns	\$390.00
Membership fees covers participation in 8-week program including all equipment & resources, all LSV affiliation fees, access to Lifesaving training and qualifications, insurance, access to club and equipment, competition fees	
Family plus 4 Nippers / Young Guns	\$420.00
Membership fees covers participation in 8-week program including all equipment & resources, all LSV affiliation fees, access to Lifesaving training and qualifications, insurance, access to club and equipment, competition fees	

#### Additional Notes:

- \$10.00 per person paid in membership dues will be allocated to the Club's building fund.
- In relation to Family Memberships, please note all members of the family are required to be a member if your child or children are participating in nippers or young guns.
- For a person between 18 25 years to be included in a Family Membership, she/he must produce a student card. The person must be direct relations of the adults of the Family Membership.
- When registering on the Surf Life Saving Australia portal you can create a family group so you can link yourself, partner, and children under one renew. This needs to be created first, check all details are correct of all members then click renew and this will renew all members in the family.

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#### **Membership How To Guides**

All memberships are processed through Life Saving Victoria. If you are new to the Club you should complete a Membership Application for EACH member of your family taking part (including parents/guardians if Nippers).

Please see the following step by step guides to assist with your renewal, application or creating a Family Group.

- How to Join as a New Member
- How to Create a Members Area Account
- How to Renew an Individual or Family Membership
- How to Create a Family Group
- How to Transfer a Partial or Full Membership

#### Frequently Asked Questions

#### Q: I have forgotten my password for the Members Area?

A: If you have forgotten your username or password, click the reminder link on the main login page <u>members.sls.com.au</u>. Enter you first name, last name, DOB and select email or SMS to receive your reminder.

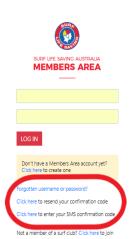
## Q: I have submitted my membership application but forgot to pay. How do I pay?

A: Log into you Members Area account members.sls.com.au.

Select Memberships>Renewals, Payments & Transfers > Make a payment. Follow the prompts to make a payment, making sure you have filled in all relevant details in the 'Complete name / Meaningful payment details' section.

#### Q: I require further assistance.

A: If you need further assistance to join a Life Saving Club or encounter any 'error' messages please contact the SLSA IT Helpdesk or LSV's Club Support team via <a href="mailto:clubsupport@lsv.com.au">clubsupport@lsv.com.au</a> / 03 9676 6930.



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#### **Nippers Program Information**

Bancoora's Mozzie & Nipper programs are all about children and parents having fun while learning about beach safety. The programs give children the opportunity to develop and progress their basic surf lifesaving skills as they progress through the age groups. It is the start of your child's journey to becoming safe in the surf, developing into a *Young Gun* and potentially, a patrolling Surf Life Saver.

The start of the season is only a few months away and preparations for the season are well underway. We are in the process of purchasing new gear and revamping some of our surf education to make the programs run smoothly for parents and children alike. We have Bancoora Nippers public and private Facebook pages and will sending out further details about the upcoming season in the coming weeks. The public page link is as follows: <a href="https://www.facebook.com/profile.php?id=100086099492517&mibextid=LQQJ4d">https://www.facebook.com/profile.php?id=100086099492517&mibextid=LQQJ4d</a>

Nippers induction day will be on Sunday 3 December 2023. This will give Nippers families a chance to refamiliarse themselves with the facilities, ask any questions about the program, purchase a new Rashie and Nippers cap (if needed), as well as the free club tee-shirt that comes with a paid up membership.

For now, please see the Nippers season dates and preparatory information below.

#### Date for Nippers

~ Session Times: 9:30 – 11:30am   Please arrive at or before 9:15am ~			
Session	Date		
Nippers introduction and equipment pickup	Sunday, 3 December 2023		
Nippers Session 1	Sunday, 10 December 2023		
Nippers Session 2	Sunday, 17 December 2023		
Nippers Session 3	Sunday, 7 January 2024		
Nippers Session 4	Sunday, 14 January 2024		
Nippers Session 5	Sunday, 21 January 2024		
Nippers Session 6	Sunday, 28 January 2024		
Nippers Session 7	Sunday, 4 February 2024		
Nippers Session 8	Sunday, 11 February 2024		
Nippers Session 9	Sunday, 18 February 2024		
Nippers Club Carnival	Sunday, 25 February 2024		
Interclub Event Point Lonsdale v Bancoora Carnival	Sunday, 25 February 2024		

A BBQ with sausages and drinks is available for nippers, young guns and families to enjoy after each session

#### Before you arrive at the first Nippers session, you must:

- Join Surf Life Saving and Bancoora online memberships or renew your membership.
- Pay membership and participation fees.
- Parents have current Working with Children Checks.
- Swimming competency forms are completed and signed and emailed to bancooraslsc@outloook.com.
- Attend introduction and equipment pickup session Sunday 3 December 2023

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#### Age Groups and Activities

**Mozzies** – Under 6 and Under 7 age groups.

Mozzies runs for about an hour for the younger children. The purpose is to provide them with an introduction to beach safety, based on fun and games. Children still get wet, but don't have to tackle the surf like the older children.

Nippers – From 8 – 13 age group (see below)

**Young Guns** - Young adults 14+ can participate in the Young Gun program.

During each Nippers session, each age group rotates through 6 activities. The content and challenge of each activity is tailored to the abilities of the different age groups, and to the conditions down at the beach on the day. The activities are as follows:

- Beach Activities (run, tug of war, dodge ball, etc)
- Boards
- Swimming
- Flags
- Wade
- Beach Education

#### Age group eligibility

AGE ON 30 SEPT 2023	JUNIOR ACTIVITY AGE GROUP
5 Years Old	Participate as Under 6 - Mozzies
6 Years Old	Participate as Under 7 – Mozzies
7 Years Old	Participate as Under 8
8 Years Old	Participate as Under 9
9 Years Old	Participate as Under 10
10 Years Old	Participate as Under 11
11 Years Old	Participate as Under 12
12 Years Old	Participate as Under 13
13 Years Old	Participate as Under 14
14 Years Old	Participate in Young Guns

For example, if your child is born on the 10 September 2013, they are age 9 on the 30 September 2022 and will be in under 10. If you child is born 10 December 2013, they are age 8 on the 30<sup>th</sup> Sept 2022 and will be in under 9.

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#### Preparation

Please ensure you bring the following with you each week:

- Sunscreen
- Wet suit
- Bathers
- Towel
- Nippers cap
- Nippers rashie
- Goggles (if needed)
- Drink bottle.

#### Volunteering

Nippers is for families (not just the kids!) and is run entirely by volunteers. The program is run by parents of Nippers. As a Nippers parent, it is important you are present and willing to contribute during the program.

Bancoora SLSC runs a small Nippers program, so we need all Nippers parents to pitch in to get everything done. Helping is a great example to your children, and they love having their parents involved.

We are currently looking for volunteers to fill the following positions:

<ul> <li>Mozzies Coordinators x 2</li> </ul>	BBQ Coordinator x 2
<ul> <li>Water safety officers with a current surf lifesaving bronze medallion x 15 (Ratio 1:5)</li> </ul>	<ul> <li>Age group managers (2 parents per age group)</li> </ul>
Education activity leader	Beach Activities leader x 2
• Time keeper x 2	Flags activity leader x 2

If you are willing to take on any of the above positions, email Garratt and Sarah at <a href="mailto:bancooranippers@gmail.com">bancooranippers@gmail.com</a> prior to the end of October 2023, so you can take on the job most suited to you.

Sarah and Garratt will provide information and basic training to all volunteers at the Nippers introduction and equipment pickup, so don't worry if you are not familiar with any of the roles when volunteering.

This year we will be adopting a BBQ roster for all Nippers parents that do not volunteer in other roles, so please expect to see your names on the BBQ list a few times if not otherwise engaged. The BBQ coordinators simply have to induct the weekly volunteers at the beginning of each session and help out at the BBQ stall after beach activities are finished.

For those wanting to provide help with water safety, a bronze medallion certificate is required. There is one final course before the season starts, with more information later in this information pack for those interested.

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Young Guns Barry Hunt

Young Guns is for 14-18yrs age group and the emphasis is on learning a whole range of water related skills while having a great time, we do surfing, paddling, IRB Paddling, Motorised IRB Crewing, Duck familiarisation and snorkelling. Young Guns is the next level after leaving Nippers and gets you ready for patrolling the beaches as a true surf life saver. Young Gun members are also able to participate in senior club championships (dates tbc).

There is a big social aspect, and we finish the year with a dress up sleep over at the club followed by a paint fight on the last day.

#### Young Guns dates

#### **Session Times: 9:30 – 11:30am**

Please arrive at the beach at 9:00 am to sign in and be briefed on the session's activities. Note it is a lifesaving requirement to wear a high vis rash vest for all water activities. Failure to bring your rash vest will result in you missing the session.

Session	Date
Young Guns Session 1	Sunday, 10 December 2023
Young Guns Session 2	Sunday, 17 December 2023
Young Guns Session 3	Sunday, 7 January 2024
Young Guns Session 4	Sunday, 14 January 2024
Young Guns Session 5	Sunday, 21 January 2024
Young Guns Session 6	Sunday, 28 January 2024
Young Guns Session 7	Sunday, 4 February 2024
Young Guns Session 8	Sunday, 11 February 2024
Young Guns Session 9	Sunday, 18 February 2024
Young Guns Session 10	Sunday, 25 February 2024
Interclub Event Point Lonsdale v Bancoora Carnival	Sunday, 25 February 2024

A BBQ with sausages and drinks is available for nippers, young guns and families to enjoy after each session.

#### Young Guns Pre-requisites

In order to participate in young guns, any member aged 13-14 years is required to have a current surf rescue certificate and members 15 and above must have their bronze medallion. We will be running a course for these awards this season so keep an eye out for this but in the meantime email enquiries@bancoora.asn.au to express an interest. All past participants who have obtained surf rescue certificate or bronze medallion are required to attend a requalification day to refresh the award.

If you do not have one of these awards or fail to requalify the award you will not be able to participate until the award has been obtained.

It is also a requirement that all young guns attend patrols as rostered on. Please refer to the roster when it becomes available and make yourself aware of dates.

To participate in the young guns program a family membership must be taken out and all adults and participants must be club members. Payment of membership is due before the first young guns session or prior to the participant undertaking an award upgrade or requalification.

If you are 18yrs and participating in young guns or are a parent of a young gun participant, you must have a current working with children's check completed.

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Start Date: 11 November 2023 Finish Date: 25April 2024

Please complete the form at <a href="https://forms.gle/myjUYACmBD9Tou5t8">https://forms.gle/myjUYACmBD9Tou5t8</a> to let Cara know your patrol availability and preferences.

Cara can be contacted on <u>clubcaptainbancoora@gmail.com</u>.

Skills Maintenance Day Saturday 28 October

CPR Course 9am - 10:30am

Skills Maintenance 11am to 1pm

ATV induction course TBC

Please Note: online theory needs to be completed at mt.lsv.com.au before the skills maintenance session Everyone with an award needs to do a Skills maintenance session before the end of this year to keep awards current (except those doing bronze course)

Any queries please email <u>Bancoora.training@gmail.com</u>.



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Bronze Medallion Callum Edwards

The Bronze Medallion course provides participants with the skills and knowledge in order to be able to participate in Surf Life Saving patrol operations. This is the core award to be a surf lifesaver in Australia. We will be holding a Bronze Medallion from October. We strongly encourage Nipper Parents to sign up and do this course, so that they can help with Water Safety during Nipper sessions.

If you currently hold a Surf Rescue certificate and are turning 15 years old before November, you must do your Bronze Medallion Course to continue doing Young Guns and Patrols.

#### Prerequisites for the Bronze Medallion:

- You must be 15 years old. Note: You can do the course so long as you turn 15 years old within 60 days of the exam.
- You must be able to swim 400 metres in under nine minutes in a pool.

Session	Date	Times	Where?
Training Session 1	Saturday 7 October 2023	9:00am – 3:00pm	Bancoora SLSC 101 Surf Club Lane BREAMLEA 3227
Training Session 2	Sunday 8 October 2023		
Training Session 3	Saturday 14 October 2023		
Training Session 4	Sunday 15 October 2023		
Theory exam	Saturday 21 October 2023		
Practical exam	Sunday 22 October 2023		

- You must enrol in the course via <a href="http://mt.lsv.com.au">http://mt.lsv.com.au</a>
- You need to obtain an electronic copy (free) of the SLS Lifesaving Manual (instructions will be given prior to the course)
- The course will go through basic lifesaving techniques such as DRSABCD, rescue techniques, basic first aid and surf skills.
- Once you have your Bronze Medallion, it is expected that you either patrol and/or participate in nipper water safety.
- For any questions please email Bancoora.training@gmail.com.

#### **Surf Rescue Certificate**

Surf Rescue Certificate (SRC) is for Under 14 nipper age group only (See age group eligibility above) and provides participants with skills and knowledge of surf awareness, aquatic rescue operations and resuscitation in order to participate in lifesaving operations.

- SRC participants will need their own SLS members account (Go to <a href="https://mt.lsv.com.au/login/">https://mt.lsv.com.au/login/</a> and press "Information for first time users and family members" for more details).
- SRC participants must be signed up for the course on <a href="mt.lsv.com.au">mt.lsv.com.au</a> before the first session. More information will be sent out before the start of the nipper's season with instructions on how to enrol.
- The course covers basic lifesaving skills such as rescue techniques (rescue board and tube), surf skills, DRSABCD and using radios.

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- There is no additional costs involved with doing the course.
- Any questions please email <u>bancoora.training@gmail.com</u>

Session	Date	Time	Location
Session 1	Sunday 10 December 2023	9:00am – 12:00pm (subject to change)	Bancoora SLSC 101 Surf Club Lane BREAMLEA 3227
Session 2	Sunday 17 December 2023		
Session 3	Sunday 7 January 2024		
Session 4	Sunday 14 January 2024		
Session 5	Sunday 21 January 2023		
Session 6 (optional)	Sunday 28 January 2024		
Assessment	Sunday 4 February 2024		

#### Important Info

#### Working with Children Checks

Safeguarding children and young people is everyone's business. Life Saving Victoria and affiliated clubs need to fully comply with the Child Safe Standards from 1 January 2017.

It is imperative that we provide a safe and supportive environment for children and young people and, because of the nature of our Club facilities Bancoora SLSC require ALL members aged 18 and over (despite contact with children under 18) to hold a current Working With Children Check (WWCC). WWCC's are free for volunteers and last for 5 years.

Apply for and manage your Working with Children Check with Services Vic HERE.

Teachers registered with the Victorian Institute of Teaching (VIT) please complete a Teacher Notification form through Service Vic - <a href="https://www.service.vic.gov.au/services/teachers-notifications">https://www.service.vic.gov.au/services/teachers-notifications</a>.

#### Contact Information

We kindly ask you to ensure your most current contact details are entered into the Member Portal. Email and mobile phone are our primary means of communication, in addition to the Social Media platforms of Facebook, Twitter, LinkedIn, and our website <a href="https://www.bancoora.asn.au">www.bancoora.asn.au</a>.

Stay informed with what's going on at the club through our social media platforms:





#### Merchandise

Club merchandise is available for sale online at Shopify. Tracksuit and hoodies, polos and soon to be spray jackets. <a href="http://Bancoora-slsc-apparel.myshopify.com">http://Bancoora-slsc-apparel.myshopify.com</a>

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# Bancoora Surf Life Saving Club 101 Surf Club Lane, Breamlea, Victoria 3227 ABN: 65 095 505 705



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